



REGISTERED PEER SUPERVISOR (RPS)

This classification is viewed as the title for the peer recovery specialist's supervisor. The supervisor may or may not have a personal lived experience, but is familiar with the peer recovery specialist's job tasks and requirements. This is a non-reciprocal credential offered at the state level.

There are certain knowledge areas and skills that are required to provide effective peer supervisor services to workers helping individuals living with behavioral health disorders. Registered Peer Supervisors must demonstrate the ability to provide effective supervision and model behavior and ethics for the peer recovery specialist. In addition, Registered Peer Supervisors must provide supervision within their area of expertise, yet be knowledgeable of the integrated services provided by the behavioral health systems.

Requirements

- One must have documented one year of direct supervision of peer recovery specialists per the organization's job description and/or resume or;
- One must be a MABPCB Certified Peer Recovery Specialist (CPRS) for one year, or;
- One must have a minimum of 6 months experience in a supervisory/management role within a behavioral health setting
- Must complete the six hour "Supervising Peers" training
- An RPS must take a "Supervising Peers" refresher course every two years
- It is suggested that individual or group peer supervision be provided bi-weekly

Supervisor Role in Delivery of Peer Recovery Services

- Supervisor's role is in building and maintaining a trusting professional relationship between the supervisor and the Peer Recovery Specialist that helps the Peer Recovery Specialist meet job performance goals.
- Ensure that supervisor does not take on the role of therapist in working with the Peer Recovery Specialist
- Understand the difference between supervision and therapist/counselor roles in order to maintain appropriate focus on Peer Recovery Specialist job performance.
- Maintain appropriate confidentiality of information disclosed during supervision that meets legal and professional requirements in order to assure appropriate and successful supervisor-to-supervisee relationships.
- Evaluate and provide feedback of Peer Recovery Specialist's job performance in various settings (e.g. with the people they serve, team members and other agencies) using a variety of techniques (observation, reviews of progress notes, and discussions with people served) in order to ensure that Peer Recovery Specialists are helping people served meet their goals, interacting in a peer-to-peer fashion, and working within the Peer Recovery Specialist scope of practice.
- Understand and support core values of peer support by building and maintaining effective working relationships with Peer Recovery Specialists who acknowledge their role and experience, while maintaining the expectations of the workplace.
- Establish professional relationships based on mutual respect and recovery principles and ideals that promote environments in which Peer Recovery Specialists' efforts to self-monitor and take

care of their own wellness are supported and encouraged, understanding that the recovery and growth process is not linear.

Fee: There is a \$50 one-time registration fee.

Registration Time Period: Registration is valid as long as other licenses or certifications remain in good standing. There is no re-registration necessary, however to remain an RPS, the supervisor must take the peer supervisor refresher course every two years.

APPLICATION FOR RPS

Form can be completed and saved. You may then print the appropriate pages to submit to MABPCB.

Do you hold or have you applied for the Certified Peer Recovery Specialist credential? YES NO

If Yes, certification # on CPRS certificate or date of application submission _____.

When and where did you take the 6 hour peer supervisor training? *(required)* _____

Do you have a minimum of one (1) year experience supervising peers? YES NO

Today's Date: _____ Date of Birth: _____ Male Female Other

Name: _____ SSN: _____

Home Address: _____

City: _____ State: _____ Zip: _____

County: _____ Home Phone: _____ Email: _____
(required)

Position/Title: _____ Employer: _____

Employer Address: _____

City: _____ State: _____ Zip: _____

County: _____ Work Phone: _____ Ext: _____

If MABPCB needs to contact you, please indicate your preference: Email Phone

I hereby attest that the information presented in this application is true to the best of my knowledge. I understand that I may be subject to random audits to maintain my supervision status. I further understand that submitting falsified information or violating the MABPCB Principles and Guidelines for Certified Peer Recovery Specialists will rescind and nullify this Registration and my Approved Peer Supervisor status.

Applicant's Signature

Fee of \$50 check/MO (payable to MABPCB)

Please print your name as it should appear on your certificate:

PRINCIPLES AND GUIDELINES FOR CERTIFIED PEER RECOVERY SPECIALISTS

A Certified Peer Recovery Specialist's sole mission is to help individuals and families recover from behavioral disorders and their related problems. To that end, the Certified Peer Recovery Specialist will help remove or overcome all obstacles to recovery and help each individual and family find resources within and beyond themselves to both initiate and sustain the recovery process. The Certified Peer Recovery Specialist's actions will be guided by the following core recovery values and service guidelines.

I. Gratitude & Service

Certified Peer Recovery Specialists understand that service to others is a sacred trust and that their actions flow from themselves, from their peer organization, and from the larger recovery community. They offer their experience, strength, and hope to assist others in recovery out of gratitude to those who assisted them in their recovery.

II. Personal Recovery

Certified Peer Recovery Specialists will work on their recovery so that they may be beneficial to those who depend on them for recovery support.

III. Face and Voice of Recovery

Certified Peer Recovery Specialists will be a good example of recovery for those they serve.

IV. Self-Improvement

Certified Peer Recovery Specialists will foster self-improvement.

V. Honesty

Certified Peer Recovery Specialists will tell the truth and when wrong, they will promptly admit it.

VI. Authenticity

Certified Peer Recovery Specialists will carry the recovery message in word and in deed.

VII. Keeping Promises

Certified Peer Recovery Specialists promise to keep their promises.

VIII. Humility

Certified Peer Recovery Specialists will work within their limitations, handle disagreements respectfully, and seek help when they need it.

IX. Loyalty

Certified Peer Recovery Specialists will serve others as others served them and promote the recovery mission of their peer organization.

X. Hope

Certified Peer Recovery Specialists will help others focus on their assets, strengths, and recovery possibilities.

XI. Respect

Certified Peer Recovery Specialists will honor the imperfections of others and themselves and treat those seeking recovery with dignity.

XII. Acceptance

Certified Peer Recovery Specialists accept all pathways to recovery however diverse, even those opposite their own.

XIII. Recovery Integrity

Certified Peer Recovery Specialists can carry the message, but they cannot carry the person. They help others by empowering the recovery of others.

XIV. Protection

Certified Peer Recovery Specialists do no harm by respecting privacy and refraining from gossip. They avoid all forms of exploitation or harassment of those they serve. Their relationship is a sanctuary of safety.

XV. Advocacy

Certified Peer Recovery Specialists confront injustice when necessary on behalf of those who have not been empowered but never do for others what they can do for themselves.

XVI. Stewardship

Certified Peer Recovery Specialists use or create resources in the wisest way possible to provide benefits others need to achieve recovery.

XVII. Honor

Certified Peer Recovery Specialists will honor the rules and regulations of any organization to which they are attached, either through paid employment or volunteer work.

Adapted from *Ethical Guidelines for the Delivery of Peer-based Recovery Support Services*, William L. White, MA & the PRO-ACT Ethics Workgroup, August 2009.

By my signature below I agree to help the Peer Recovery Specialists whom I supervise achieve these ethical standards in their practice.

Signature

Date

DIRECTIONS/CHECKLIST

- Resume and/or job description verifying one of the following requirements listed on page 1.
- Certificate or letter of attendance of 6 hour peer supervisor training.
- Sign and date the Application and the **Principles and Guidelines**.
- Fee of \$50. May be paid by check/money order (payable to MABPCB).

When the application is approved, you will be notified by mail. Your certificate will be mailed within 30 days. If there are any problems with the application, you will be notified by email or phone.

Keep a photocopy of the entire application. Send your completed application, resume/job description, copy of certificate or letter of attendance and fee to:

**MABPCB
10807 Falls Rd., #1376
Brooklandville, MD 21022
ATTN: Peer Review Committee**

Phone: (866) 537-5340

Website: www.mapcb.wordpress.com Email: admin@mapcb.com