

ZAKIYYAH HOWARD

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PROFESSIONAL SUMMARY

Detail-oriented professional with strong organizational skills with a positive attitude. Motivated and enthusiastic about developing good relations with clients. Professional in appearance and presentation. Skilled with communication and time management abilities. Committed to promoting development of functional skills and independence.

SKILLS

Proficient in MS Offices
Reporting and documentation Teamwork
and collaboration Collaboration with
Professionals Reinforcement Procedures
Activity Schedules
Behavioral support
Confidentiality Maintenance
Professional Development

Data Protection Act Compliance
Social Skills Development
Discrete Trial Training
Token Economy Systems

WORK HISTORY

Registered Behavior Technician / RBT, 08/2022 - Current

Behavioral & Educational Solution PC – Silver Spring, MD

Promote positive behavior by utilizing reinforcement strategies, token economies, and behavior contracts.
Improved client behavior by implementing individualized ABA therapy plans and tracking progress.
Observe, monitor and record problem behaviors through accurate behavior-consequence data collection, graphs, and notes.
Prevent instances of behavior escalation using de-escalation techniques while maintaining a safe environment for both staff members and clients alike.
Assisted Board Certified Behavior Analysts in designing personalized treatment plans tailored to each client's needs and goals.
Developed rapport with clients and families, fostering trust and open communication essential to successful treatment outcomes.
Provide ABA therapy in direct or virtual service locations in schools, homes, and clinic settings
Attend team meetings, relates observations and demonstrates behavior intervention and programs
Treat clients and families with respect and dignity.

Support client confidentiality in accordance with HIPAA regulations.

Assist in development of therapeutic activities for clients.

Day Program Assistant / Instructor, 01/2021 - 02/2022

Project Redirect Inc. – Silver Spring, MD

Developed strong rapport with clients by demonstrating empathy, active listening, and genuine interest in their needs and goals.

Adapted activities to accommodate individual needs while still promoting inclusivity within the group setting.

Provided compassionate care while assisting individuals with personal hygiene tasks, maintaining dignity throughout the process.

Assists individuals with becoming more integrated and engaged in the community

Ensured client safety through effective monitoring and supervision during program activities.

Facilitated group activities that promoted social interaction, teamwork, and communication among participants.

Accompany individuals on outdoor activities

Work directly with intellectual disabled adults, adolescent, and children

Direct Support Professional, 03/2019 - 02/2022

DC Cares Centers – Washington DC

Work directly with mild intellectual and intellectual adults

Assists clients with everyday duties and chores

Assists clients with becoming more integrated and engaged in the community

Accompany clients to medical appointments

Provide companionship

Advocate for clients

Act as a caregiver for clients.

Maintained clean, safe, and well-organized patient environment.

Documented progress notes thoroughly to track client achievements, concerns, or changes in behavior patterns that may need attention from the interdisciplinary team.

Residential Advisor, 06/2017 - 02/2019

Archdiocese of Newark NJ - Saint Lucy Shelter – Jersey City, NJ

Establish and maintain appropriate staff/consumers boundaries and direct consumers the appropriate staff

Maintain daily census and become familiar with consumer population

Provide guidance to consumers in proper up keep of living quarters, hygiene, grooming, appropriate attire

and attendance

Maintain all participation in other support service activities

Adhere to on call systems to facilitate crisis intervention, emergencies, and other situations that require immediate action

Performed other duties that related to the program as delegated by the Manager and/ or Assistant Director, facility Operations.

EDUCATION

No Degree: Pursuing Bachelors Degree in Psychology, Expected in 05/2025

University of Maryland - College Park - College Park, MD

High School Diploma: 06/1998

Saint Mary's High School - Jersey City, NJ

CERTIFICATIONS

Developmental and Disabilities Training

Crisis Management

Group Home Medication Training

Cardiopulmonary Resuscitation

FIRST AID

Automated External Defibrillator

Occupational Safety and Health Administration

Blood borne Pathogens

REFERENCES

Danielle Williams, Social Worker, Child and Family Services Agency,
410-215-4528 Gail Crook, Account Specialist Manager, Vantage Apparel,
732-362-6434

Holly Mitchell, Information Technology Manager, Wakefern Food Corp.,
646-588-9067 Nedra Adams, Nurse Practitioner, NYU Langone Health Medical Center,
201-220-6542

CERTIFICATIONS

Developmental and Disabilities Training

Crisis Management

Cardiopulmonary Resuscitation

FIRST AID / CPR / AED

Occupational Safety and Health Administration